

Month of: \_\_\_\_\_

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

A 5x5 grid with a vertical line of five circles on the left and a horizontal line of five squares on the top. The circles are located at the intersection of the first column and the first five rows. The squares are located at the intersection of the first five columns and the first row. The grid is composed of 25 squares in total. The circles and squares are light blue. The grid lines are thin and black. The background is white.

## PERSONAL GOALS

## WORK GOALS

1.		1.	
2.		2.	
3.		3.	

FRIDAY

SATURDAY

SUNDAY

## Notes

[illegible]

## HABITS

[illegible]

Month of: \_\_\_\_\_

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

A 5x5 grid with a vertical line of five circles on the left and small squares at the intersections.

## PERSONAL GOALS

## WORK GOALS

1.		1.	
2.		2.	
3.		3.	

FRIDAY

SATURDAY

SUNDAY

## Notes

[illegible]

## HABITS

[illegible]